

Relationships 1

In this topic, pupils will consider the different types of families and the different ways that people can care for each other. Pupils will know what to do and whom to tell if family relationships are making them feel unhappy or unsafe and that bullying and hurtful behaviour is unacceptable in any situation. Pupils will discuss the effects of bullying and know what to do if they see or experience bullying or hurtful behaviour.



Key knowledge and threads

Key thread: Relationships

- Know different types of families: single parents, same-sex parents, step-parents, blended families, foster and adoptive parents
- Know that being part of a family provides support, stability, quality time and love
- Know about the different ways that people can care for each other (giving, providing support through difficult times)
- Know to tell a trusted adult if family relationships are making them feel unhappy or unsafe
- Know that bullying and hurtful behaviour is unacceptable in any situation
- Know that the effects and consequences of bullying are problems adjusting to school, mental health problems, fewer friendships
- Know to tell a trusted adult if they see or experience bullying or hurtful behaviour



Vocabulary Abstract

Nuclear family—two parents and their children

Stability—not likely to change

Consequences—positive or negative effects of behaviour

Bullying—intentionally physically or emotionally hurting someone continuously

Quality time - giving undivided attention to strengthen a relationship