

### Relationships 1

In this topic, children will focus on healthy relationships and how to build them. They will understand how to recognise hurtful behaviour, including online. They will discuss how to seek help if they are worried about someone's behaviour (including SVSH and child-on-child abuse).



## Key knowledge and threads

### Key thread: Relationships

- Know that friendships are an important part of growing up
- Know that the features of positive, healthy friendships are mutual respect, trust, truthfulness, loyalty, kindness, generosity, sharing interests and experiences, support with problems and difficulties
- Know that playful teasing is comfortable and reciprocal and hurtful behaviour and bullying, including online makes someone feel uncomfortable
- Know that appropriate dares are fun and do not hurt anyone, and inappropriate dares put people under pressure, at risk, or make them feel uncomfortable
- Know that if a friendship or someone's behaviour (online or offline) is making them feel unsafe or uncomfortable, to tell a trusted adult or contact the NSPCC
- Know that it is right to keep a secret when someone won't be hurt, but it is wrong to keep a secret when someone is at risk



### Vocabulary Abstract

**Mutual respect**—treating each other with dignity

**Dares**— a challenge to prove bravery

**Uncomfortable**—feeling uneasy or awkward

**Appropriate**—suitable for the situation

**Inappropriate**—not suitable for the situation

**Child-on-child abuse**—any kind of physical, sexual, emotional or financial abuse or coercive control between children both on and offline

